



# TIB-ONG KABATAAN:

Empowering Ilonggo Adolescents Through Integrated Delivery of Health Services in Secondary Schools of Iloilo Province

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# MoRProGRes

Movement for a Robust, Progressive, Globally-Competitive and Resilient Province of Iloilo



### **Presentation Outline**

- 1. Overview of the Province of Iloilo
- 2. Introduction
- 3. Objectives
- 4. Implementation Methods
- 5. Findings

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6. Significance/Implications





### **Province of Iloilo**

- First income class province
- Projected Population of 2,065,439 (2024)
- 5 Congressional Districts

- 42 Municipalities and 1 component City
- 13 Hospitals managed by IPG
- 43 Rural Health Units/City Health Office
- 38/43 AFHF RHUs, 13/13 AFHF Hospitals
- 812 schools (public & private elementary and secondary schools)



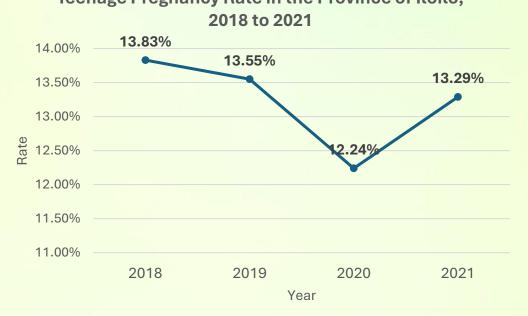
### Iloilo Provincial Health Office

Adolescent Health and Development Program Organizational Structure



Increase in various health issues observed among adolescents during the resumption of face-to-face classes in 2022:

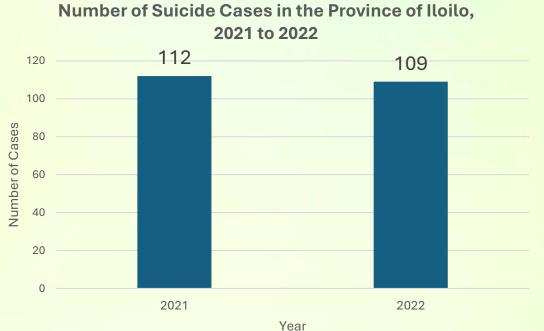
- High incidence of teenage pregnancy
- High number of suicide cases and other mental health issues
- High number of newly diagnosed HIV cases among youth aged 15 to 24 years old
- Low COVID-19 vaccination booster coverage





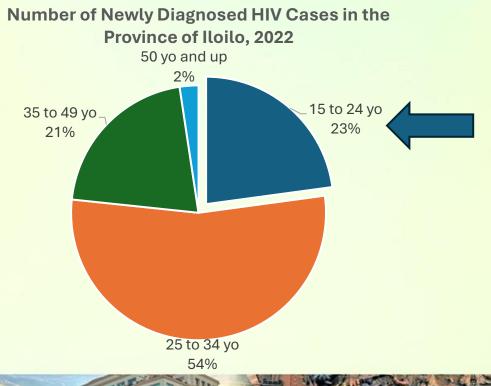
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Increase in various health issues observed among adolescents during the resumption of face-to-face classes in 2022: Number of Newly Diagnosed HIV Cases in the

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Increase in various health issues observed among adolescents during the resumption of face-to-face classes in 2022: COVID-19 Vaccination Update as of October 21, 2022, 6A

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		COVIE	VID-19 Vaccination Update as of October 21, 2022, 6AM									
Age Group	1 <sup>st</sup> Dose	%	2 <sup>nd</sup> Dose	%	1st Booster	%	2nd Booster	%				
5 - 11 yrs. old	149,098	79.63%	130,838	69.88%								
12 - 17 yrs. old	221,191	97.23%	204,687	89.97%	10,914	4.80%						
18 - 59 yrs. old	843,169	72.35%	798,263	68.50%	216,331	18.56%	15,007	1.29%				
60 yrs. old and above	159,800	78.61%	153,195	75.36%	44,301	21.79%	4,853	2.39%				
	5 - 11 yrs. old 12 - 17 yrs. old 18 - 59 yrs. old 60 yrs. old and	5 - 11 yrs. old  149,098    12 - 17 yrs. old  221,191    18 - 59 yrs. old  843,169    60 yrs. old and  159,800	Age Group  1st Dose  %    5 - 11 yrs.old  149,098  79.63%    12 - 17 yrs.old  221,191  97.23%    18 - 59 yrs.old  843,169  72.35%    60 yrs.old and  159.800  78.61%	Age Group  1st Dose  %  2nd Dose    5 - 11 yrs.old  149,098  79.63%  130,838    12 - 17 yrs.old  221,191  97.23%  204,687    18 - 59 yrs.old  843,169  72.35%  798,263    60 yrs.old and  159,800  78,61%  153,195	Age Group1st Dose%2nd Dose%5 - 11 yrs. old149,09879.63%130,83869.88%12 - 17 yrs. old221,19197.23%204,68789.97%18 - 59 yrs. old843,16972.35%798,26368.50%60 yrs. old and159,80078,61%153,19575.36%	Age Group  1st Dose  %  2nd Dose  %  1st Booster    5 - 11 yrs.old  149,098  79.63%  130,838  69.88%  1    12 - 17 yrs.old  221,191  97.23%  204,687  89.97%  10,914    18 - 59 yrs.old  843,169  72.35%  798,263  68.50%  216,331    60 yrs.old and  159,800  78,61%  153,195  75,36%  44,301	Age Group  1st Dose  %  2nd Dose  %  1st Booster  %    5 - 11 yrs.old  149,098  79.63%  130,838  69.88%  60.85%  68.50%  216,331  18.56%  60.97%  60.97%  68.50%  216,331  21.79%  60.85%  68.50%  64.301  21.79%  69.85%  68.50%<	Age Group  1st Dose  %  2nd Dose  %  1st Booster  %  2nd Booster    5 - 11 yrs. old  149,098  79.63%  130,838  69.88%				

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# Objectives

To collaborate with DepEd, Philippine Red Cross, USAID's ReachHealth Project, and other agencies to deliver a package of health services for adolescents, including informative lectures and medical services in selected secondary schools in the province, to achieve better health outcomes among the youth:

- 1. Establish a team from the Provincial Health Office and partner agencies to deliver the health services package;
- 2. Develop health education materials focusing on the most prevalent health issues identified among the learners;
- 3. Develop a reporting tool to monitor the project implementation;
- 4. Create a referral network between the schools and the LGU service providers.



### **Implementation Methods**

Preparatory Oct. - Nov. 2022

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- Creation of Planning & Implementation Team (PHO, Dep Ed, PRC, ReachHealth)
- Approval of topics and lecture materials by DepEd
- Endorsement of recipient schools by DepEd
- Coordination with recipient school and LGU

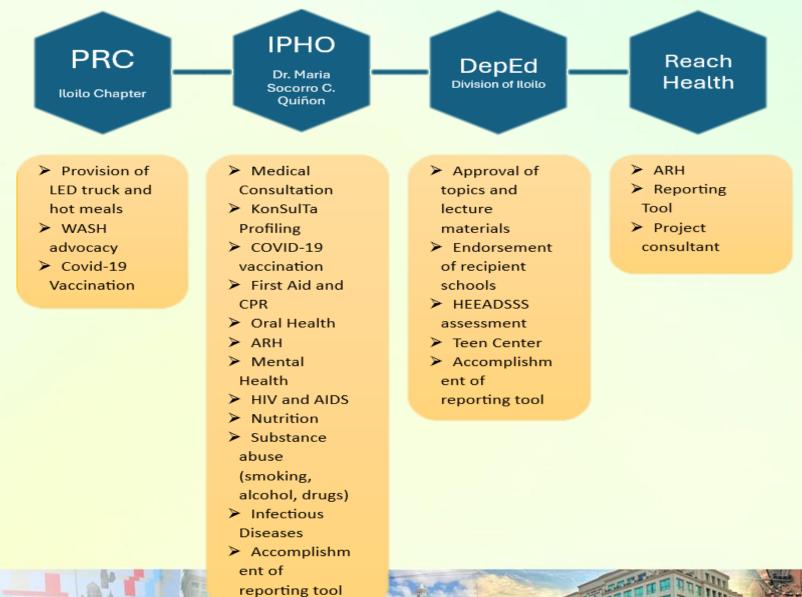
Field Implementation Nov. 2022 - Present

- Conduct of HEEADSSS assessment prior to the conduct of activity
- Conduct of Project Tib-ong Kabataan session in school
- Provision of services to identified clients
- Referral of cases to LGU service providers (RHU, MSWDO, PPO, MPS)

Feedbacking & Evaluation Nov. 2022 - Present

- Feedbacking session with school personnel, student representatives, LGU and project team
- Reporting of accomplishment
- Conduct of midterm implementation review
- Enhancement of the project based on the recommendations

### **Establishment of a Project Team**



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### Collaboration with partners to implement the Project Tib-ong Kabataan







**Provincial Health Office** 



**REACHHEALTH PROJECT** 



### Collaboration with partners to implement the Project Tib-ong Kabataan





**Iloilo Chapter** 





**SDO Iloilo** 



FPOP - Iloilo Chapter





**Iloilo Provincial Population Office** 

**Provincial Health Office** 



### **REACHHEALTH PROJECT**



Iloilo Provincial Social Welfare & Development Office





## **Package of Health Services**

- 1. HEEADSSS Assessment
- 2. Medical & Psychiatric Consultation
- 3. PhilHealth KonSulTa Profiling
- 4. COVID-19 Vaccination
- 5. First Aid and CPR demo and return demo
- 6. Oral Health Services
- 7. Informative lectures on:
  - Adolescent and Reproductive Health
  - Teenage Pregnancy
  - Water Sanitation and Hygiene
  - ✤ Mental Health
  - ♦ HIV and AIDS
  - ✤ Nutrition

- ♦ Anti-VAWC
- Substance Abuse (Smoking, Alcohol and Drugs)
- Priority communicable diseases (Dengue, Leptospirosis, etc.)











### HEEADSSS Assessment COVID-19 Vaccination









### Medical & Psychiatric Consultation PhilHealth Profilling













### CPR & Basic First Aid







### Oral Health Services













### **Informative Lectures:**

ARH, Teenage Pregnancy, Mental Health, Substance Abuse, WASH, Nutrition, HIV, VAWC, etc.















Name

### Development of a Data Collection Form and Reporting Tool

	PROJECT TIB-ONG KABA	ATAAN R	EPORTIN	G TOOL			Г		
	School						-		
	District/ Division	Iloilo					-		
	Period of Coverage						-		
							.		
	SCHOOL REPORTI	ING TOO	L				-		
			April 5	, 2024		TOTAL			
Indicators		Fen	nale	M	ale	IOIAL	-		
		10-14	15-19	10-14	15-19		-		Physical ris
	Number of adolescents screened with Rapid								- Hysical Inc
1	Psychosocial Questionnaire (Rapid HEEADSSS)								Others
	Number of students with psychosocial								Others
1a	concerns based on Rapid HEEADSSS								Others
	abuse and safety							-	TOTAL NUM
	Stow-away behavior							3	Followed u
	Bullying							4	TOTAL NUM
	Suicidal ideations								Guidanc
	Smoking / veping								School n
	Alcoholic beverage drinking								School d
	Hict augs								Child pro
	Experience of romantic relationship								School p
	Sexual encounter								Teen Cente
	Sexual coercion/ abuse								Others_
	Pregnancy/ Parenthood								Others_
	Needs help/ Seeks courseling Number of adolescents who underwent							5	TOTAL NUI
2	comprehensive psychosocial evaluation								Rural Healt
-	(COMPREHENSIVE/FULL HEEADDSS INTERVIEW)								Baranga
	Psychosocial risks identified through								Hospital
2a	comprehensive interview								MSWD/
	dystunctional family								TESDA
	Bullying								Others:
	Out of School								Others:
	Learning disabilities								Others:
									Others:

	Eating disorders			
	Internet overuse/ Internet gaming disorder			
	Smoking exposure/ use/ abuse			
	Alcohol drinking exposure. Use/sbuse			
	Mental health concerns			
	Abuse			
	Gender identity concerns (LGBTQIA)			
	Risky sexual behaviors			
	Physical risk behaviors (motorcycle, driving without license)			
	Teen parent			
	Others			
	Others			
	Others			
3	TOTAL NUMBER OF ADOLESCENTS WHO Followed up			
4	TOTAL NUMBER OF INTERNALL REFERRALS			
	Guidance counselor			
	School nurse			
	School doctor			
	Child protection committee			
	School principal			
	Teen Center			
	Others			
	Others			
5	TOTAL NUMBER OF EXTERNAL REFERRALS			
	Rural Health Unit			
	Barangay			
	Hospital			
	MSWD/ Social worker			
	TESDA			
	Others:			

Reason 1			
Reason 2			
Reason 3			
Reason 4			
Reason 5			
Reason 6			

e/ Designation	Date	Name/ Designation

II. Screened with RAPID HEEADSSS										
Total Number of adolescents screened with Rapid Psychosocial Questionnaire	Total		Femi	ale		Male				
(Rapid HEEADSSS)	5363	989	2170	16	3175	894	1275	19	2188	
Number of learners who answered "yes" on the	Total		Femi	ale		Male				
answered yes on the following items about:	Total	10-14 y/o	15-19 y/o	20 y/o & above	Total	10-14 y/o	15-19 y/o	20 y/o & above	Total	
1. Abuse and Safety	766	173	255	1	429	182	152	3	337	
2. Stow-away behavior	1439	189	636	2	827	233	376	3	612	
3. Bullying	1342	259	510	1	770	269	300	3	572	
4. Suicidal ideations	1324	200	572	1	773	217	317	17	551	
5. Smoking/Vaping	297	8	94		102	43	146	6	195	
6. Alcoholic beverage drinking	1357	70	588	1	659	75	605	18	698	
7. Illicit drugs	184	34	55	1	90	32	60	2	94	
8. Experience of romantic relationship	2348	204	1074	2	1280	308	741	19	1068	
9. Sexual encounter	241	20	73	1	94	21	121	5	147	
10. Sexual coercion/Abuse	205	13	77	3	93	24	88		112	
11. Pregnancy/Parenthood	53	4	23		27	5	21		26	
12. Needs help/Seeks counseling	1275	309	533		842	254	174	5	433	
TOTAL SCREENED	10831	1483	4490	13	5986	1663	3101	81	4845	
III. Compre	hensive P	Psychosocial Evaluation (COMPREHENSIVE/FU								
			Fema			Male				
Grade Level	Total	10-14 y/o	15-19 y/o	20 y/o & above	Total	10-14 y/o	15-19 у/о	20 y/o & above	Total	
Grade 4	2	2			2				0	
Grade 5	12	8			8	4			4	
Grade 6	13	9			9	4			4	
Grade 7	77	45			45	32			32	
Grade 8	89	67			67	22			22	
Grade 9	185		110		110		75		75	
Grade 10	370		268		268		102		102	
Grade 11	0				0				0	
Grade 12	0				0				0	
SPED	0				0				U	





### 33 schools visited 2 Barangays

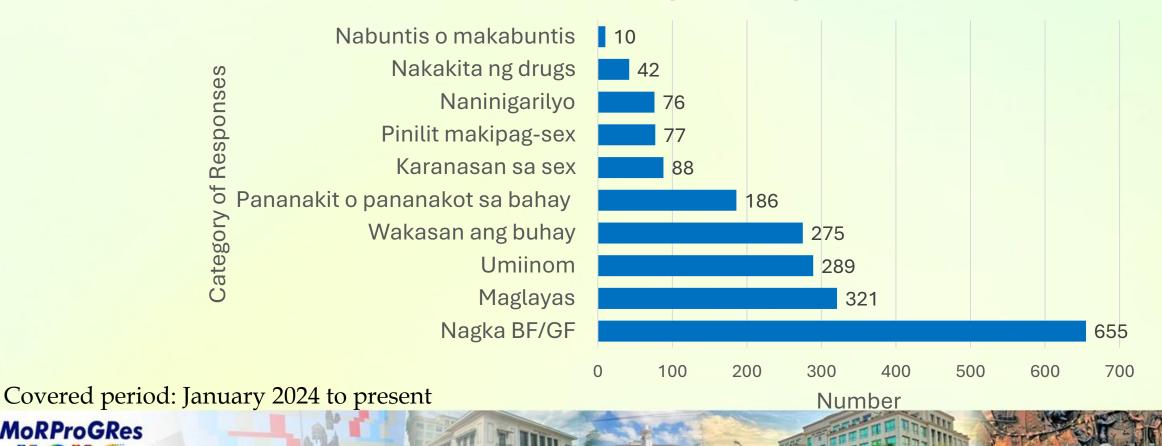


# 7,853 adolescents reached

Covered period: November 2022 to present

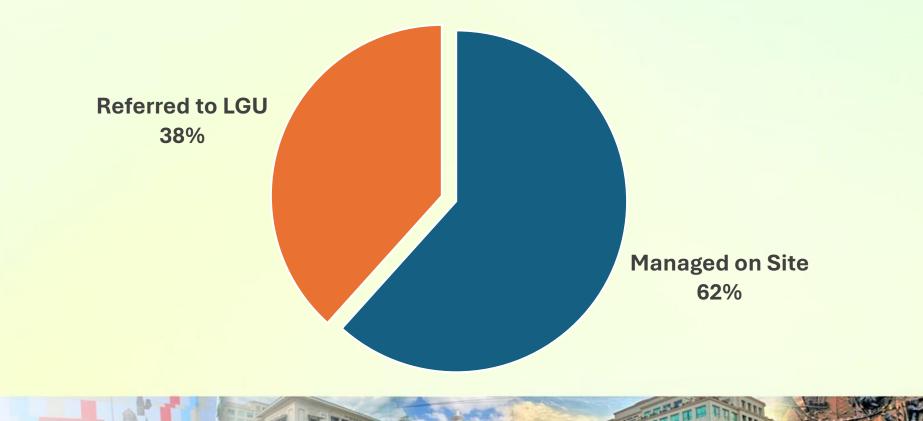


### **Distribution of Rapid HEEADSSS Assessment Results in Selected Secondary Schools in Iloilo Province (N=1,119)**



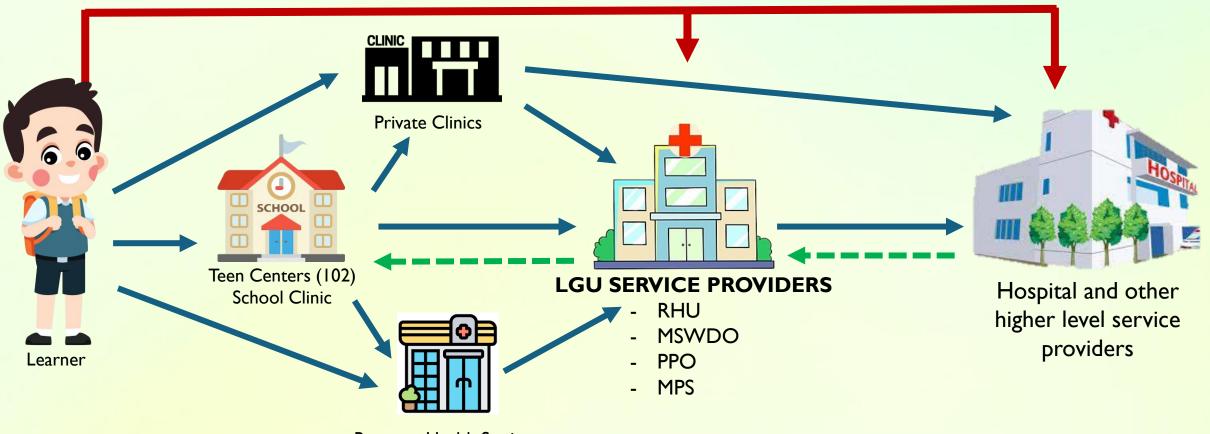


# Distribution of cases based on the level of care received (N=1,119)





### How can a learner access adolescent health services?



Barangay Health Stations





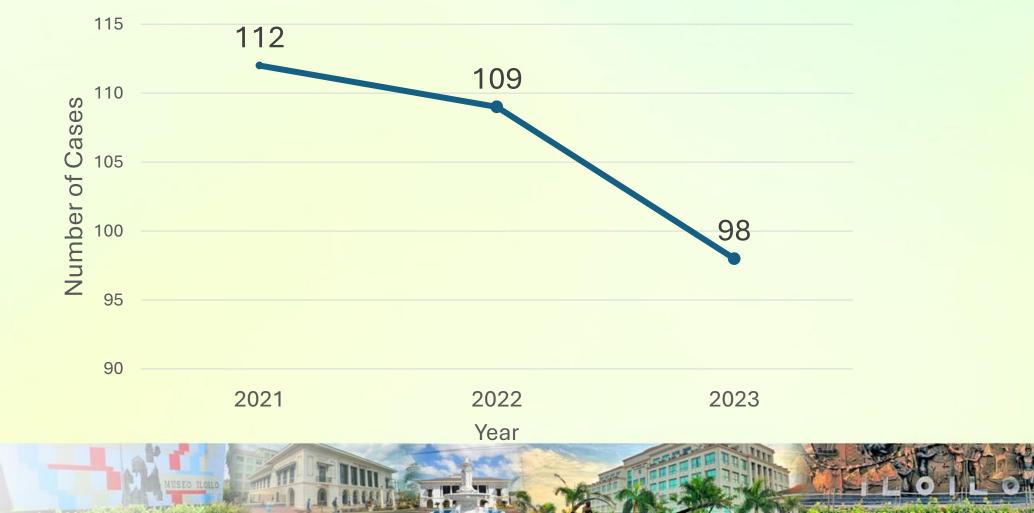
Incidence Rate of Teenage Pregnancy in the Province of Iloilo from 2021 to 2023.



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# Number of suicide cases in the Province of Iloilo from 2021 to 2023.

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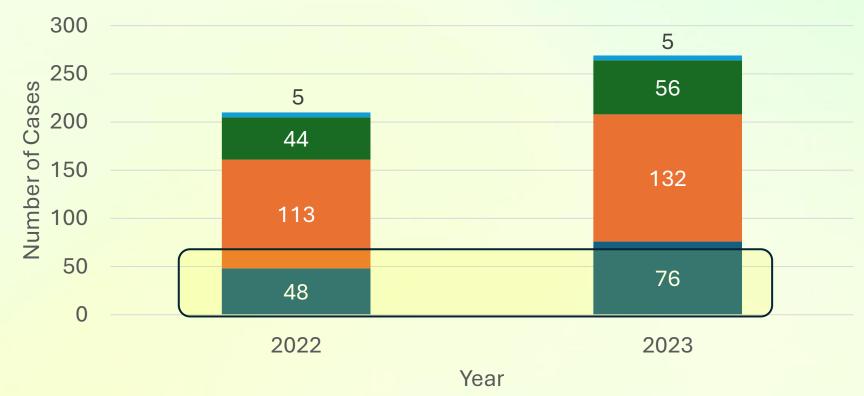


### COVID-19 Vaccination First Booster Coverage for 12 to 17-Year-Olds in Iloilo Province, 2022-2023.





Age Distribution of Newly Diagnosed HIV Cases in the Province of Iloilo, 2022-2023.



■ 15 to 24 yrs old ■ 25 to 34 yrs old ■ 35 to 49 yrs old ■ 50 yo and above



# Significance/Implications

- The results underscore the project's potential as an effective outreach program for addressing ongoing adolescent challenges within school settings
- Collaborative activities, such as *Project Tib-ong Kabataan*, have intensified the adolescent health campaign among partner agencies
- Local Government Units recognized the project's efficiency and impact, motivating them to adopt the same model of integrated health services for adolescents in their communities
- The data collected by the project guided LGUs in enhancing the capacity of their service providers to better meet the needs of their adolescents



# Significance/Implications

- The PHO began implementing the project in the community, specifically targeting outof-school youth, in collaboration with local officials
- The PHO hired a psychiatrist to provide expert support for the project's mental health initiatives
- The Office of the Provincial SK Federation President committed to sponsor the Provincial Integrated Service Delivery Network (ISDN) Ordinance, strengthening support for youth programs
- The DepEd SDO Iloilo mandated that all learners undergo the HEEADSSS assessment annually
- DepEd Health & Nutrition personnel and teachers are now included in PHO-led training programs, such as the Rapid and Comprehensive HEEADSSS assessment, Foundational Course on Adolescent Reproductive Health, MHPSS, Non-Suicidal Self-Injury (NSSI) Protocol, Immunization, etc.









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